

As seen in *Good Housekeeping*, *Redbook*, and *Woman's Day*

SACRAMENTO Healthcare Profiles

See What's New in Cataract Treatment

"To offer the best care and the best surgical outcomes for my patients, it's important for me to use the best technologies," says board-certified ophthalmologist Colin B. Arnold, MD.

"If there's a better way of providing treatment or delivering exceptional results, then I'm going to put that advance to work for my patients."

Dr. Arnold is often the first eye doctor in the Sacramento area to introduce proven and effective breakthroughs in emerging technologies. These include, among others, the instrumentation used to detect glaucoma in its earliest stages and the advanced lens implants he places to restore his patients' clear vision following cataract removal.

One lens, two solutions

"Patients who have cataracts often have presbyopia, as well," notes Dr. Arnold. "Presbyopia or 'aging eye' is simply our eye's age-related loss of the ability to shift focus from distant to near objects."

Most people with presbyopia need to use reading glasses, and those who already use glasses for distance vision must either use two pairs or move to bifocals or progressive lenses.

Conventional cataract surgery has allowed patients to improve either near or distance vision—but not both—with the single-prescription lens implant that replaces the clouded natural lens.

"Today's high-tech lens implants offer even better options," informs Dr. Arnold. "An accommodating lens implant works with the eye muscles to restore focusing ability, while a multifocal implant combines several prescription strengths, allowing the eye to see at a range of distances."

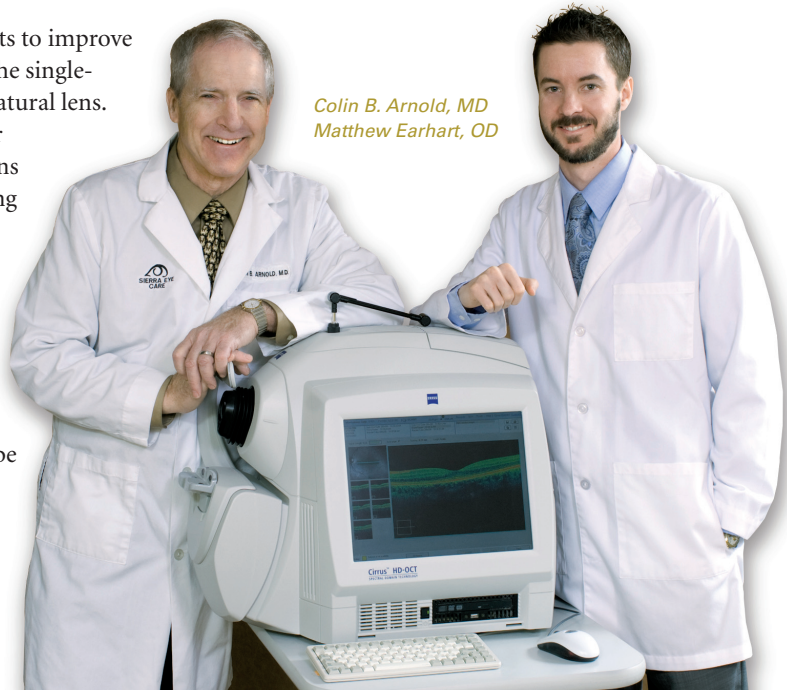
Dr. Arnold emphasizes that these specialty lenses are not fully covered by Medicare. "Medicare pays for the surgery and the cost of placing single-prescription implants," he explains; "however, many patients find that it's a wonderful thing not to be constantly reaching for their reading glasses and are willing to pay extra for that convenience."

"That's why I offer options," says Dr. Arnold. "I want my patients to have the widest range of choices possible to provide them with the results that best suit their needs and lifestyle."



Sierra Eye Care is a full-service eye center dedicated to comprehensive diagnostics and care for all eye conditions, including cataracts, macular degeneration, glaucoma, diabetic retinopathy, and dry eye.

The practice's state-of-the-art optical shop, under the supervision of Optometrist Dr. Matthew Earhart, serves patients who require eyeglasses or contact lenses. Cataract surgery patients who opt for traditional, single-prescription lens implants will find the most up-to-date lenses, frames, and custom fittings here.



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