



SIERRA
EYE CARE

Information Regarding Dilating Eye Drops

Dilating drops are used to dilate or enlarge the pupil of the eye. This allows the optometrist or ophthalmologist to get a better view of the inside of your eye. A dilated retinal examination is used to identify and diagnose eye disorders and diseases that may otherwise go undetected. We know the dilation experience is inconvenient, but it allows your eye doctor to provide you with a thorough examination.

Dilating drops frequently blur vision for a short length of time. Usually vision returns to normal after 2-4 hours, but the length of time varies from individual to individual. Patients also notice an increased sensitivity to sunlight and bright lights. We advise patients to wear dark sunglasses after being dilated. We can provide tinted shades if needed. Driving may also be difficult after dilation. Because it is not possible to determine how much your vision will be affected, we suggest having a driver accompany you to your appointment.

Adverse reactions, such as acute angle closure glaucoma may be triggered by the dilating drops. Symptoms include severe eye pain, red eye and nausea. This is an extremely rare and treatable condition that requires immediate medical attention.

I hereby authorize Colin B. Arnold, MD and/or his associates as may be designated by him, to administer dilating eye drops. I understand that the eye drops are a necessary part of my eye examination to diagnose any possible eye disorder or disease.

Patient Name *Signature* *Date*

Interpreter Name *Signature* *Date*

Staff Member *Signature* *Date*